2012 Smart Moves Forum on Safe Patient Handling

Tuesday, February 28, 2012
Registration and Breakfast: 8:00 a.m. - 8:30 a.m.
Program: 8:30 a.m. - 12:30 p.m.
at
Connecticut Hospital Association
110 Barnes Road
Wallingford, CT 06492

Presented through a collaboration of the Connecticut Hospital Association (CHA), the Connecticut Nurses’ Association (CNA), LeadingAge Connecticut, the Connecticut Association of Health Care Facilities (CAHCF), and the Connecticut Association for Home Care & Hospice (CAHCH).

Connecticut Hospital Association-CHA is an Approved Provider of Continuing Nursing Education by the Connecticut Nurses’ Association, an Accredited Approver by the American Nurses Credentialing Center’s Commission on Accreditation (3.25 contact hours).

This program has been approved by the Connecticut Chapter of the American College of Health Care Administrators for 3.25 CEUs for Nursing Home Administrators.
Smart Moves is a statewide initiative on safe patient handling that aims to improve the health and safety of nurses and other healthcare workers, increase patient safety, and reduce healthcare costs. The campaign will focus on increasing awareness and education regarding safe patient handling; promoting the use of evidence-based curricula; encouraging implementation of safe patient handling programs; and increasing the use of assistive equipment and patient handling devices.

### Program Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8:00 a.m. - 8:30 a.m.</td>
<td>Registration and Continental Breakfast — Visit Sponsors</td>
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<tr>
<td>8:30 a.m. - 8:45 a.m.</td>
<td>Welcome and Opening Remarks</td>
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<td>8:45 a.m. - 9:45 a.m.</td>
<td><strong>Keynote/Opening Presentation:</strong> Safe Patient Handling Programs — What's the Tipping Point to Success? — Esther Murray, RN, MSN, COHNs, CSPHP, Assistant Director, Prism Medical Clinical Services</td>
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<td>9:45 a.m. – 10:00 a.m.</td>
<td>Break — Visit Sponsors</td>
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<tr>
<td>10:00 a.m. - 11:00 a.m.</td>
<td><strong>Plenary Session:</strong> New Innovations &amp; Equipment in Safe Patient Handling — Kathleen Nelson, PT, Regional Ergonomics Team Leader, Southcoast Hospitals Group</td>
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<td>11:00 a.m. - 11:15 a.m.</td>
<td>Break — Visit Sponsors</td>
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<tr>
<td>11:15 a.m. - 12:15 p.m.</td>
<td><strong>Plenary Session:</strong> Intersection of Patient Safety and Staff Safety — Gail Powell-Cope, PhD, ARNP, FAAN, Associate Director for translation and training at the Health Services Research &amp; Development/Rehabilitation Research &amp; Development Center of Excellence in rehabilitation outcomes at the James A. Haley VA Medical Center</td>
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<tr>
<td>12:15 p.m. - 12:30 p.m.</td>
<td>Evaluations/Closing Remarks</td>
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Speaker Bios

**Esther Murray, RN, MSN, COHNs, CSPHP**, worked as an ER nurse for 12 years prior to having a back injury which changed the focus of her nursing career to Occupational Health. Through different occupational health settings, Ms. Murray found a passion in the area of healthcare occupational health. For the past 9 years, she has assisted many hospitals and nursing homes in implementing and sustaining highly successful Safe Patient Handling (SPH) programs. Now, as the Assistant Director for Prism Medical Clinical Services, she provides support for healthcare clients across the continuum of care, even reaching into homes with SPH solutions. As an author, speaker, and consultant, she assists clients in developing, implementing, and sustaining SPH programs. Ms. Murray completed her MSN with a focus in Leadership and Management doing a special focus project on SPH programs and the “tipping points” that take the program from floundering to FLYING!

**Kathleen Nelson, PT**, is the ergonomics team leader at Southcoast Hospitals Group, Occupational & Employee Health Department in New Bedford, MA. As a physical therapist, Ms. Nelson specializes in ergonomics and the treatment of occupational injuries. She manages the injury prevention programs for an 800 bed, 3 hospital system with over 7,000 employees. Ms. Nelson also provides ergonomic training and consulting to manufacturing corporations throughout New England and US. She has lectured nationally on injury prevention in an industrial setting, and has worked closely with safety professionals to reduce employee injury costs and claims. She is the recipient of the *Louis H. Millender, MD Golden Rose Award* from New England Baptist Hospital in Boston for outstanding service exemplifying the compassion, commitment, and leadership of Dr. Millender, a pioneer in the field of occupational health.

**Gail Powell-Cope, PhD, ARNP, FAAN**, is associate director for translation and training at the Health Services Research & Development (HSR&D)/Rehabilitation Research & Development Center of Excellence in rehabilitation outcomes at the James A. Haley VA Medical Center. She is also assistant director of clinical research at the University of South Florida, College of Nursing. Dr. Powell-Cope has a special interest in mentorship and serves as site director for the Interdisciplinary Fellowship in Patient Safety and the HSR&D Postdoctoral Fellowship, both funded by the Office of Academic Affiliations.

Dr. Powell-Cope researches patient safety (e.g. fall and fall-injury prevention) and rehabilitation outcomes for frail older adults, veterans with disabilities, and returning veterans from Operation Enduring Freedom/Operation Iraqi Freedom. Additionally, she has a track record of funding in implementation research and has been involved in studies related to implementation of clinical practice guidelines and of safe patient handling to prevent musculoskeletal injuries among nurses and other caregivers. Dr. Powell-Cope has expertise in survey and qualitative research methods, instrument development and testing, and randomized controlled trials.

Accreditation

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Driving Directions to
Connecticut Hospital Association
110 Barnes Road
Wallingford, CT 06492-0090
203-265-7611

Traveling from New Haven on I - 91 North:
Take Exit 15. At the end of the exit, turn left onto Route 68 West. Proceed 0.9 miles to the 5th traffic light (not counting the light at the end of the exit ramp). Turn right onto Barnes Road. Proceed on Barnes Road through one traffic light. A CHA sign will be on the right. Turn right into driveway just before the sign.

Traveling from Hartford on I - 91 South:
Take Exit 15. At the end of the exit, turn right onto Route 68 West. Proceed 0.8 miles to the 4th traffic light (not counting the light at the end of the exit ramp). Turn right onto Barnes Road. Proceed on Barnes Road through one traffic light. A CHA sign will be on the right. Turn right into driveway just before the sign.

From Wilbur Cross Parkway North (Route 15):
Take Exit 66. At end of exit, turn left onto Route 5 South. Go 0.25 mile to 3rd traffic light. Turn left up short hill to next traffic light. Turn left onto Route 68 East. At first traffic light, turn left onto North Main Street Extension. Take first right onto Barnes Road. CHA is the second building on your left.

From Wilbur Cross South (Route 15):
Take Exit 66. At the end of the exit, turn left onto Route 5 South. Go 0.25 mile to 4th traffic light and follow directions as above for Wilbur Cross North.

From Interstate 84:
Take Exit 27 and proceed on Route 691 East to the Wilbur Cross Parkway South and follow directions above.
Registration Form

2012 Smart Moves Forum on Safe Patient Handling
Tuesday, February 28, 2012

Please print clearly.

Organization: __________________________________________________________________________________

Name: _______________________________________  Title: _____________________________________
Phone: _______________________________________  E-mail: ___________________________________

Name: _______________________________________  Title: _____________________________________
Phone: _______________________________________  E-mail: ___________________________________

Please indicate member affiliation (check one):

☐ CNA  ☐ LeadingAge Connecticut  ☐ CAHCF  ☐ CAHCH  ☐ CHA  ☐ Non-Affiliated

Registration Deadline: Tuesday, February 21, 2012
Registration Fee: $50.00 (includes continental breakfast and program materials)

Only CHA members can be invoiced for the registration fee. All others must pay prior to the program start. Checks and credit cards may be brought on the day of the program.

Payment Information:

☐ Please bill my institution (CHA Members Only).  P.O.# (if required by institution):____________________

☐ Check enclosed: $_______________

☐ Charge my credit card ☐ Visa ☐ MasterCard ☐ American Express

Credit Card Account Number: _______________________________________  Expiration Date: ______________

Name on Credit Card: ____________________________________________________________________________

Signature: ______________________________________________________________________________________

For Direct Bill (CHA Members only), Check (make checks payable to Connecticut Hospital Association) or Credit Card. Mail or fax your registration form and payment to:

Education Services
Connecticut Hospital Association
110 Barnes Road
Wallingford, CT 06492-0090
Fax: (203) 284-9318

Visit CHA’s website to register online:  http://170.163.248.189/education_events/Calendar_of_Events.asp?date=2/28/2012

Registration is a commitment to payment in full. It is permissible to send a substitute, but there is no refund.

Inclement Weather: In the event of inclement weather, call (203) 265-7611 after 6:30 a.m. and select option #4 for a cancellation update.